

COLARIGHTED.

NURSERY COOKERY.

THE ANEMIC AND NERVOUS CHILD.

(Continued from last week.)

their own nations they serve as a the fish and serve at once, to for the recom that must often be tin its nomixed condition.

PLOBENTINE CREAM.

Boals a quarter box of gelatine, covered for hair an hour in a gift of sold water. The necessity of keeping the gelatine and tender to the necessity of keeping the gelatine and tender to the necessity of keeping the gelatine and to itself germs from the air and may the other germs from the air and may the other actions of fibrers) scatter light in two tablespectatins of search light in two tablespectatins of search light in the winter and may the airs curille. As soon as the maximum mutil tender. For the cruet take one quart of flour, on that point is the flour, one that point is the flour, one that point is against the flour, one the land into the flour, one that point is against the flour, one the land into the flour, one that point is the flour, one the land into the flour, one that point is the flour and the boars. The city season for storage eggs has begun, and buyers on this basis, and there is the stark of an advance than a few weeks ago.

The active season for storage eggs has begun, and buyers have been operating freely on the basis of 12 to 12½ cents for choice western, the outside for best marks of Indiana and Ohio. Eastern from the create has center take one quart of flour, on that point is the stark of an advance than a few weeks ago.

The active season for storage eggs has begun, and buyers have been operating freely on the basis of 12 to 12½ cents for choice western, the outside for best marks of Indiana and Ohio. Eastern from the create has a deal of the flour, one that point is ago.

Flavor with half a temporal of a deep disk with the peaks, paid to 12½ cents for choice western, the outside for best marks of Indiana and Ohio. Eastern from the wint of 12 to 12½ cents for choice western, the outside for best marks of Indiana and Ohio. Eastern from the wint of 12 to 12½ cents for the flour, one that point is the stark of an advance than a few weeks ago. car with cream.

Seak half a cup of sage over that in a side are cooking prepare the damphalf a cup of sage over that in a side are cooking prepare the damphalf a cup of sage over that in a side are cooking prepare the damphalf a cooking prepare the damphalf a cooking prepare the damphalf and let it summer until the
half of milk and let it summer until the
half a close the side of t The construction which were constructed by the means of the should be made to be down and resident while before earing. A short period of rest should be made to be down and resident and the means the child should be made to be down and resident and the means to be down and resident and the course of the means to be down and resident and the course of the child should be encouraged to be in bed until well along in the course of the means of the child should be encouraged to be in bed until well along in the course of the means of the mea entry direct beings that they are not ex-ept in care cases, disposed to dvaid ac-leng unless they are so tar from well. A piece of mrd the size of an egg, one

A piece of limit the size of an egg one gradult is the quiet designed to a variety and that they should be kept still. It is then that massage is of vulbe, and that for putthour exercise graving should be one telem milk to mix like ordinary bissuit. When the colid cannot obtain the fresh air is any other manner he may be wrapped up and allowed it sill flear an open tindow but always out of a draft. For me called affected with numericater is consistion to nervous weakness, fats at most on his coreals, on the arrowroot leafy, the patteent who can take this in abundance on his coreals, on the arrowroot leafy, the blatten manges and plain puddings that are given him, is probably getting fats in the tools, we for or variety, and the home enterer misst form of variety, and the home enterer misst fats if she wishes her charge to continue the size of an egg of a o eat well. Simple ere an soups and ver-elable puress are excellent, an execu-tions may be made had cream, a lift of Take cold mosted polatoes and roll

Never should the divity of eating be made too much of a godin to the dividid, whether child or adult. There are few grown recolle to whom the thought of the necessity of eating a certain amount at a certain time does not bring an absolute to the first of the wet and solute to the food a sensation as of an also are first to food a sensation as of an also are first to be a sensation as of an also are formed and now there begins to be a

thickens, add the bread crums and chopped brains, and season with grated natineg, salt and pepper; heat the yolk of an egg, add it to the sauce and sile over the fire until cooked, then turn the whole mixture on to a plate, and tel it cook after an hour make the mixture.

BOILED COD AND OVSTER SAUCE.

or cold water, sew up, have on the plane. Jobbers have been forced to follow the ord cover with boiling satisst water, ten course of the wholesale market as near By Christine Termone Herrick.

Sweets should not be eaten largely, but the minutes being allowed for vach pound. While the fish is cooking make a same as they could, and have met the wants of the simple preparations given in four into one of boiling batter, then minutes to be a simple preparation given in the unit of the minutes being allowed for vach pound, and have met the wants of their customers on the basis of 24 to four into one of boiling batter, then minutes for the basis of 24 to four into one of boiling batter, then minutes for the basis of 24 to four into one of boiling batter, then minutes for the basis of 24 to four into one of boiling batter, then minutes being allowed for vach pounds. While the ish is cooking make a same as they could, and have met the wants of their customers on the basis of 24 to four into one of boiling batter, then minutes being allowed for vach pounds. While the ish is cooking make a same as they could, and have met the wants of their customers on the basis of 24 to four into one of boiling batter, then minutes being allowed for vach pounds as they could, and have met the wants of their customers on the basis of 24 to four into one of boiling batter, then minutes being allowed for vach pounds as they could, and have met the wants of their customers on the basis of 24 to four into one of boiling batter, then minutes being allowed for vach pounds.

Sweets should not be eaten largely, but the same being allowed for vach pounds as they could, and have met the wants of their customers on the basis of 24 to four into one half pill use is boxes. This rate may be sheded later, but the customers of the wholesale market as near minutes being allowed for vach pounds.

purpose, and give it to the 1-tent as possible. Over fight The over position of wheat, a cream either whipped or plant All must not truen the cakes. Steam fifteen Cornmeal is in a seed essents are better when very cid, minutes. Serve with whitped cream and under the advance of the control o

lid in foreing him to take a the exer- ta- and one-half cups of those, Bake one higher. Track cats are scarce and high-

Low Rates to One Address.

We have completed arrangements wheredeligate child suffers at the same way.
Divert him at his invalid means, make a
featival of them, and his appetite and
leadth will both be the galaxies.

OYSTER BISQUE.

Dealt the liquid from half a plat of
Dysters and heat it. Chap the oxities
that privaleal. The Weekly FREE FIELS
that a large cupful of clear milk
over the fire and thicken it with a tersponful cuch of batter and Cour. When
it is smeath and the thickening is well

Low Rates to One Address.

We have completed arrangements whereby the Weekly FREE FIELS can be or,
the have completed arrangements whereby the Weekly FREE FIELS can be or,
the third is appetite and
the almost prevent unprevent means and the season of the season of the or completed arrangements whereby the Weekly FREE FIELS can be or,
the third is appetite and
the almost make a
formia, and now there begins to be a
sharp demand for No. 2, with No. 1 in
better demand.

Craniserries continue scarce and very
high for good. They are quoted at \$10

6350.

Florida strawberries are coming along
that privaleal. The Weekly FREE FIELS
and any one address,
over the tire and thicken it with a tersponful cuch of batter and Cour. When
the have completed arrangements wherethe three arrang

Marry

ecol; after an hour make the mixing into cakes of equal size, dredging them with flour to prevent their sticking; brush over with egg, roll in bread crumbs to be satisfied, if you get the and set in a frying basket, cook in boil-ing fat until a golden brown; this will take about two minutes. The cakes must be touched very brite with the hands.

TREE PRESS ASSOCIATION

FREE PRESS ASSOCIATION.

IN HUB MARKETS.

Duotations on the Leading Products In Demand.

Boston, April 4 - Butter is about cents lower than a week ago. This has been brought about by the slow trade and increased supplies from northern sources, and the market is still unsettled and in buyers' favor.

The indications are that the market will rule easy until the demand is largenough to absorb all the make as fast If a fish kettle is not at hand, a plate as it comes along, and in order to inin the bottom of an ordinary large same, and in order to in-con will answer the purpose. The cod is then sewed in a place of cheese cloth, as then sewed in a place of cheese cloth, as those must be only one thickness of afford to use genuine butter in place of

most of the butter that is being offered

No increased animation can be reported in the cheese market. With a fair demand from the trade, prices are Three pounds of round steak; trim off steady, and sales of the full run along all the fat and skin, our mto two such at 13 to 13% cents, and good to choice at pieces, roll in flour, put it into a porce- 12 to 12% cents. Holders are disposed to

cold storage last week, and from this Prepare apples as for sauce. Cash the time forward the stock will probably in-

Cornmeal is in a very firm position, minutes. Serve with writiped cream and under the advance in corn. Oatmeal Oats are firm, with prices somewhat

er prices are the result.

Hay is firm, with prices well sustained. Straw is firm, with a quiet demand. Millford is pretty firm.

Poultry continues in quiet request. with a pretty full supply of frozen, and with fresh in more limited supply. Alive little fat may be mixed judiciously with takes to hitle flour will be required to likely to be better. Prozen turkeys, 10% spread with better, will some the particle and the pa is also rather scarce, and the demand is

Cocoa, made with plenty of milk, nor cocoa, made with plenty of milk, nor be used as a drank A little whoped cream heaped on a slice of milk tous will vary a nourisation goal, and the same addition may be made to claim or oysier broth, and may be made to claim or oysier broth, and more than a cocoa a little and matter, and the same addition more than matter, to any cream some lessions are used an matter, to deep poulity, sweether and matter, to deep poulity sweether and matter, to deep poulity at once to U.S. For less publisher, because patient, and the same matter and the same matter and matter, to deep poulity at once to U.S. For less publisher, by an and medium, \$2.25 small pear, \$2.30; yellow eyes, \$2.30; 2.50; yellow eyes, \$2.30; 2.50; yellow eyes, \$2.30; 2.50; jobbing, 10c more; Lima, \$9.60; colored by the per lb.

TEALTH to a woman WHAT DOCTORS SAID. had internal trouble very badly

until it resulted in ulcers of the ute-

rus," writes Mrs. Mary Adams, of Grassycreek, Ashe County, N. C. "I was troubled with it so that I

but I commenced taking Dr. Pierce's Favorite Prescription and 'Pleasant Pel-

lets.' After taking two bottles I could sleep all night, and after taking six bottles of 'Pavorite Prescription,' and

two of 'Golden Medical Discovery,' and three vials of 'Pleasant Pellets'

me. So it did, and I thank God and your medicine for saving my life."

II Makes

Weak

Women

SHE WAS A WRECK.

organs and hemorrhage for three months

so that I could not turn over in bed

without help; and soreness of the abdo-men, and also bladder trouble," writes

Mrs. Jennie Lee, of Lethridge, Alberta Dist., N. W. T., Canada. "In fact, I

was a complete wreck, and the local

doctor's medicine would not stay on my stomach, so I had to stop taking it, and he told my husband I had to be kept quiet, and he had but little hope for me. I happened to pick up a paper with your advertisement in it and I thought I would try your medicines. I have

taken seven bottles of 'Favorite Pre-scription,' six of 'Golden Medical Dis-

covery' and three of 'Pleasant Pellets,' and from the first day I commenced

with them I began to get better, and soon got as well as ever."

"I had inflammation of the internal

means "life, liberty and the pursuit of happiness." A woman in womanly ill-health cannot never slept a night for seven weeks. The doctors said I could not be cured, be said to live; she only exists. She has slavery instead of liberty. From day to day she drags about with her the chains of disease. Each month she is prisoned for days in a darkened chamber. At her best she just manages to keep about; her back bling, her head dizzy and reeling. And there are days when so intense is her suffering that the cry of Mariana leaps to her lips: "Oh God! I am aweary, and I would that I were dead."

Just how true to the life is this glimpse of suffering may be gathered from the case of

JUST ONE WOMAN.

"Your medicine almost raised me from the dead," writes Mrs. Edwin H. from the dead," writes Mrs. Edwin H. Gardner, of Egypt, Plymouth County, Mass., Box 14. "I had pain all over me and such a dragged feeling it seemed I could not do my house work. I had to sit down to wash the dishes, even, and site of the mass of my other work for also to do some of my other work, too, In the year 1897 I was so sick I did not care to live and prayed many times that God would take me. Then I thought of my little boy and my husband, and of my little boy and my husband, and thought it would be dreadful to go and leave them behind; so one day I was looking over my papers and found a little book in which I used to keep my husband's accounts. I read it and thought I would write to Dr. Pierce. I sat down as sad as ever, and wrote a few lines to him, and in a few days received an answer. I decided to try his medicines, and to-day I am a well as the same of the same woman. I have no headache, no pain at all. I used always to have headaches previous to the monthly period, and such pain that I would roll on the floor in agony. This sometimes would occur every two weeks, and I would be very weak afterward. I was in pain all over. My feet would slip from under me when I would try to go across the toom, and I could not walk any distance without being in pain. Words cannot express what I suffered in two months. After I had taken one bottle of Dr. Pierce's Favorite Prescription I began to feel better. I took three bottles of 'Favorite Prescription,' and three of 'Golden Medical Discovery,' and three vials of Dr. Pierce's Pleasant Pellets, and was completely cured."

WHAT SHALL I DO?

How many a woman has cried out, "What shall I do to get relief from this intolerable agony?" The best answer to that question comes from some one who realizes that Doctor Pierce's Favorite Prescription was made to cure certain diseases and not certam women.

In plain words, "Favorite Prescription" regulates the periods, dries weaken-

ing drains, heals inflam- only that are cured by Dr. Pierce's Favorite Prescrip- tain delicacy of organism The People's Common mation and ulceration, Pierce's Favorite Prescription makes weak women and sensitiveness, which Sense Medical Adviser. and cures female weak- tion. Speaking in general, strong and sick women need to be considered in free. This great work ness. It takes no account after everything else has well is overwhelming, her treatment. of women, except as the failed and doctors have More than that: it makes To her and to all women deals with the facts vital victims of the disease, be- said "the case is hopeless," old women new. Women suffering from disease in to womanly health and cause every woman is ex- "Favorite Prescription" is who have been prema- its chronic forms, Dr. Pierce | happiness. The cloth-

It is not the easy cases | The evidence that Dr. organically, but in a cer- | Dr. Pierce's great work,

actly alike with respect to used as a last resort. It turely aged by pain are gives the invitation to con- bound book is sent free organic structure. If "Fa- always helps. It almost restored to youthfulness sult him by letter free. on receipt of 31 one-cent vorite Prescription" cures always heals. Here is The eye brightens, the This free consultation by stamps, the cost of mailulceration in one woman, another case where the cheek rounds and red- letter places at the disposal ing only. Or the book it will cure it in any doctor had but "little dens, the form fills out, of weak and sick women in paper covers can be woman. That was the hope," and "Favorite Pre- The woman not only feels the medical advice and mailed for only 21 stamps. logic of Mrs. Adams' hus- scription" had help and like a new woman, but she fatherly counsel of one of Address Dr. R. V. Pierce,

HOW A WELL WOMAN | the treatment and cure of diseases of women.

FEELS.

"I feel like a new woman," writes Miss Annie Stephens, of Belleville, Wood Co., West Va. "I took several

bottles of the 'Favorite Prescription' and of the Golden Medical Discovery.'

I have no headache now, and no pain in my side any more. No bearing-down pain any more. I think that there is no medicine like Dr. Pierce's medicine.

I thank you very much for what you

Sick

Wemen

Well.

In a little over thirty years Dr. R. V. Pierce chief consulting physician to the Invalids' Hotel and Surgical Institute, Buffalo N. Y., assisted by his staff of nearly a score of physihave done for me your medicine has cians, has treated and cured more than half a Here and there a woman million women.

This offer of free consulis found who is different from the average of her tation by letter, therefore She is different, not must not be confounded with the offers of "free medical advice," made by those who are not physi cians and whose advice on disease is consequently not only worthless, but dangerous.

There is no similar offer of free medical consultation and advice, whether made by man or woman. which has behind it an institution of

NATIONAL FAME

like the Invalids' Hotel and Surgical Institute, of Buffalo, N. Y., or a specialist of Dr. Pierce's standing. with an associate staff of nearly a score of assistant physicians.

All correspondence is strictly private and sa-credly confidential. Write, without fear or fee, to Dr. R. V. Pierce, Buffalo, N. Y.

There is no alcohol in "Favorite Prescription." and it is absolutely free from opium, cocaine and every other narcotic drug. In this it differs from almost all other put-up medicines for woman's use. It is a strictly temperance and purely vegetable preparation, and cannot disagree with the weakest constitution.

Sometimes a dealer, for the sake of a little extra profit, will offer the customer a substitute for "Favorite Prescription" as "just as good." If you want the medicine that cured Mrs. Gardner, Mrs. Lee, and Miss Stephens. and thousands more, remember it was Dr. Pierce's Favorite Prescription. There's rothing else "just as good."

JUST FOR THE ASKING

and the expense of mailing only, you can obtain contains 1008 pages and

And the second of the second specialists in the second specialists in

bu and at 1262.25 per bbl.

COMMERCIAL.

New York Produce Market.

New York Produce Market.

New York April 4.

FLOUR-Receipts 5:391 barrels; exports for warming the strong market was again fairly active and firmly held showing moderate advances on spring patrons, 16.35 barrels; 33.70; Minnesota patents, 33.70; Minnesota bakers, 81.554.20; winter straights, 81.654.20; winter extras, \$2.650.255, winter straights, \$3.450.20; winter extras, \$2.650.255, winter low grades, \$2.550.20; winter straights, \$3.450.20; winter extras, \$2.650.255, winter low grades, \$2.550.20; winter low grades, \$2.550.20; winter low grades, \$2.550.20; winter straights, \$2.650.255, winter low grades, \$2.550.20; winter straights, \$2.550.20; \$

CASTORIA For Infants and Children. The Kind You Have Always Bought Bears the Chart Helteker.

SHOULDERS, dry, saited (boxed)—46.25

[36.10]
SIDES—Short clear \$7.15.97 M.
WHISKEY (basis of high wines)—31.25.
SUGARS—Cut loaf, \$5.00, granulated, \$5.44.
On the produce exchange to-day butter was weak, creameries 1961220 dairies, 16 0.200. Cheese firm, creams, 12913c. Eggs steady, fresh, 105104c.

Capt. C. W. Mead of the 26th Inft., U. S.
A. recently sent to President Brown of Norwich University a Fillipino flag captured by his company in the northeric part of Luzon in November last Capt. Mead is a graduate of the University and has a son attending the Northfield High school

SHOULDERS. dry, saited (boxed)—46.25

What she had told the scholars to do, or not to do, there was little time for the signature of the bur.

Speaking of another. Mr. Ward said:

"The scholars early took charge of the winter term. It was not the teacher's fault but her misfortune that there is not moral suasion and physical force enough in 30 pounds of flesh and blood to make a successful teacher outside of the kinder-garten or primary school."

EROKE THE RECORD.

The Fairbanks scale factory continues to pour upon the market their wares in the proper work of the hour."

The scholars early took charge of the winter term. It was not the teacher's fault but her misfortune that there is not moral suasion and physical force enough in 30 pounds of flesh and blood to make a successful teacher outside of the kinder-garten or primary school."

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The scholars early took charge of the signature in the successful teacher outside of the kinder-garten or primary school.

The Fairbanks scale factory continues the successful teacher outside of the kinder-garten or primary school.

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Second in the cacher's successful teacher outside of the kinder-garten or primary school.

The scholars carry took charge of the successful te

AIROTERA The Kind You Have Alerge Bourns